



	Year:	PE	Subject:	Year 8 (All)	Football	Badminton	Gymnastics	Striking (Cricket or Rounders)			
Intent	Subject Concepts (Substantive knowledge)		<ul style="list-style-type: none"> <li>Motor Competence</li> </ul>	<ul style="list-style-type: none"> <li>-Passing &amp; receiving</li> <li>-Dribbling</li> <li>-Shooting</li> <li>-Creating Space</li> </ul>	Prior Knowledge:	Prior Knowledge:	Prior Knowledge:	<ul style="list-style-type: none"> <li>-Ball Familiarisation</li> <li>-Fielding</li> <li>-Batting</li> <li>-Bowling</li> <li>-Apply basic strategies in game situations</li> <li>-Assessment</li> </ul>			
					<ul style="list-style-type: none"> <li>Can describe and demonstrate various passes in football e.g. short pass and long pass.</li> <li>Can describe and demonstrate basic ball control.</li> <li>Can describe and demonstrate dribbling with various parts (6) of the foot.</li> <li>Can describe and demonstrate how to beat an opponent in a small game e.g. change of speed, direction, deception.</li> <li>Can describe and demonstrate shooting with accuracy and power.</li> <li>Can apply ways of creating space in small games.</li> </ul>	<ul style="list-style-type: none"> <li>Review of grips and basic strokes.</li> <li>Demonstration and practice of footwork techniques e.g. sideways shuffle and split step.</li> <li>Demonstration and practice of net play techniques e.g. net shots and net kills.</li> <li>Introduction to doubles tactics and strategy e.g. positioning and communication</li> </ul>	<ul style="list-style-type: none"> <li>Can develop basic shapes in flight off low, med and high apparatus e.g. start, tuck and pike jump.</li> <li>Can use hurdle step to take off using a springboard or trampette.</li> <li>Can progress through progressions of squat on box to through vault while demonstrating a safe landing.</li> <li>Can compose a sequence incorporating compositional ideas from previous takeaway learning.</li> <li>Can use creativity to move around a parkour circuit in unique ways.</li> </ul>				
					<ul style="list-style-type: none"> <li>Rules, Tactics and Strategies</li> </ul>	<ul style="list-style-type: none"> <li>-Communication</li> <li>-Teamwork</li> <li>-Officiating</li> <li>-Positions</li> </ul>	Prior Knowledge:		Prior Knowledge:	Prior Knowledge:	<ul style="list-style-type: none"> <li>-Officiate</li> <li>-Leadership</li> <li>-Tactics</li> </ul>
					<ul style="list-style-type: none"> <li>Use of verbal and nonverbal cues e.g. signalling for the ball.</li> <li>Can take on leadership roles of captain, coach and official.</li> </ul>	<ul style="list-style-type: none"> <li>Can deliver and receive a variety of serves e.g. short service to the front of the court and long serve to the back of the court.</li> <li>Can apply doubles strategy e.g. front and back or side to side.</li> </ul>	<ul style="list-style-type: none"> <li>Can apply extension and tension in their gymnastics movements.</li> <li>Can demonstrate balances and perform them with fluency and control.</li> </ul>		<ul style="list-style-type: none"> <li>Can develop a range of catching styles e.g. low catch and high catch.</li> <li>Can accurately replicate the long barrier and use underarm and overarm throws.</li> <li>Can demonstrate basic bowling technique e.g. underarm bowl and standing overarm bowl.</li> </ul> Can demonstrate the correct grip and drive technique (cricket).		

Implementation	Healthy Participation			<ul style="list-style-type: none"> <li>Knows the rules of the game and can apply them in small sided games.</li> <li>Identifies a range of positions in football and the qualities required to play in those positions e.g. defender and attacker.</li> </ul>		<ul style="list-style-type: none"> <li>Can umpire a game (singles/doubles) using accurate terminology.</li> </ul>		<ul style="list-style-type: none"> <li>Can work in small groups to develop a short sequence.</li> <li>Can perform movements in a safe and controlled manner.</li> </ul>					
		Warm up Effects of exercise Muscular system Components of Fitness Engagement	Prior Knowledge:	Warm up Effects of exercise Muscular System Components of Fitness Engagement	Prior Knowledge:	Warm up Effects of exercise Muscular system Components of Fitness Engagement	Prior Knowledge:	-Works co-operatively with others	Takeaway Learning:	<ul style="list-style-type: none"> <li>To develop understanding of the laws of cricket and apply them e.g. wide or no ball.</li> <li>Can identify strengths and weaknesses and relate learning to success criteria. Use basic principles of play when selecting and applying tactics.</li> </ul>			
			Takeaway Learning:	<ul style="list-style-type: none"> <li>Can lead a 3-part warm up with a small group e.g. partner.</li> <li>Can describe the short-term effects of exercise.</li> <li>Can identify the main muscles used in football.</li> <li>Can identify and give examples of the most important COF used in football e.g. speed, agility, CV endurance, power etc.</li> <li>Can maintain sustained effort throughout the lesson.</li> </ul>		Takeaway Learning:	<ul style="list-style-type: none"> <li>Can lead a 3-part warm up with a small group e.g. partner.</li> <li>Can describe the short-term effects of exercise.</li> <li>Can identify the main muscles used in badminton.</li> <li>Can identify and give examples of COF used in badminton e.g. co-ordination, agility, power etc</li> <li>Can maintain sustained effort throughout the lesson.</li> </ul>		Takeaway Learning:	<ul style="list-style-type: none"> <li>Can lead a 3-part warm up with a small group e.g. partner.</li> <li>Can describe the short-term effects of exercise.</li> <li>Can identify the main muscles used in gymnastics.</li> <li>Can identify and give examples of COF used in gymnastics e.g. balance, flexibility, power etc</li> <li>Can maintain sustained effort throughout the lesson.</li> </ul>	Prior Knowledge:	Takeaway Learning:	<ul style="list-style-type: none"> <li>Communicates and work collaboratively with others.</li> </ul>
			Takeaway Learning:	<ul style="list-style-type: none"> <li></li> </ul>		Takeaway Learning:	<ul style="list-style-type: none"> <li></li> </ul>		Takeaway Learning:	<ul style="list-style-type: none"> <li></li> </ul>		Takeaway Learning:	<ul style="list-style-type: none"> <li></li> </ul>
		Disciplinary Knowledge											
		Common Misconceptions											
		Enabling or Adapting the Curriculum	SEND Students										
			Disadvantaged Students										
			More Able Students										
		Literacy/Numeracy Skills	LITERACY										
Reading:													
	Writing:												



	Oracy:	•	•	•	•	•	
	NUMERACY	•	•	•	•	•	
	Digital Strategy 	•	•	•	•	•	
	Home Learning	•	•	•	•	•	
Impact	Composite Assessment	Date:	Content:	Date:	Content:	Date:	Content:
					Date:	Content:	