


|        |  | Year:                     | 10  | Subject:   | MBVE  | Spring 2   | Summer 1   | Summer 2   |
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| Intent | <b>Subject Concepts (Substantive knowledge)</b><br><br> | • Self-Identity           |   | Prior Knowledge:<br><ul style="list-style-type: none"> <li></li> </ul> Takeaway Learning:<br><ul style="list-style-type: none"> <li></li> </ul>  | How did work experience go for me?  | Prior Knowledge:<br><ul style="list-style-type: none"> <li>Learning and curriculum skills s</li> </ul> Takeaway Learning:<br>Ways to self-improve using self-analysis skills and carers advice   | How can we maintain a healthy school/work/life balance (especially in the face of upcoming exams?) | Prior Knowledge:<br><ul style="list-style-type: none"> <li>The concept of Health</li> <li>Exam timetable</li> <li>Stress management choices</li> </ul> Takeaway Learning:<br><ul style="list-style-type: none"> <li>What is Healthy studying... coping with stress/dealing with challenge.</li> <li>Planning ahead to prepare for the upcoming stresses of year 11 exams/ moving schools/careers choices.</li> <li>Strategies for quality relaxing</li> <li>Where to obtain support and information</li> </ul> |
|        |  | • Financial understanding |   | Prior Knowledge:<br><ul style="list-style-type: none"> <li></li> </ul> Takeaway Learning:<br><ul style="list-style-type: none"> <li></li> </ul>  | Understanding Life Skills<br>What kind of money management decisions must I make: | Prior Knowledge:<br><ul style="list-style-type: none"> <li>Currency</li> <li>Basic maths skills</li> </ul> Takeaway Learning:<br><ul style="list-style-type: none"> <li>Income</li> <li>Spending</li> <li>Borrowing</li> <li>Saving</li> </ul> |  | Prior Knowledge:<br><ul style="list-style-type: none"> <li></li> </ul> Takeaway Learning:<br><ul style="list-style-type: none"> <li></li> </ul>  |
|        |  | • Understanding Democracy |   | Prior Knowledge:<br><ul style="list-style-type: none"> <li></li> </ul> Takeaway Learning:<br><ul style="list-style-type: none"> <li></li> </ul>  |   | Prior Knowledge:<br><ul style="list-style-type: none"> <li></li> </ul> Takeaway Learning:<br><ul style="list-style-type: none"> <li></li> </ul>  |  | Prior Knowledge:<br><ul style="list-style-type: none"> <li></li> </ul> Takeaway Learning:<br><ul style="list-style-type: none"> <li></li> </ul>  |
|        |  | • British Values          |   | Prior Knowledge:<br><ul style="list-style-type: none"> <li></li> </ul> Takeaway Learning:<br><ul style="list-style-type: none"> <li></li> </ul>  |   | Prior Knowledge:<br><ul style="list-style-type: none"> <li></li> </ul> Takeaway Learning:<br><ul style="list-style-type: none"> <li></li> </ul>  |  | Prior Knowledge:<br><ul style="list-style-type: none"> <li></li> </ul> Takeaway Learning:<br><ul style="list-style-type: none"> <li></li> </ul>  |
|        |  | Relationships             | What are the different kinds of relationships and how can they be positive and negative?<br><br>Why is the Family unit important? How has/ does the family change(ed) over time?<br><br>What are the skills and qualities for parenting and is there a best time to be a parent?<br><br>What are the specific issues around being a teenager/ teenage parent? | Prior Knowledge:<br><ul style="list-style-type: none"> <li></li> </ul> Takeaway Learning:<br><ul style="list-style-type: none"> <li>What kinds of relationship are there? (family/ peer/ intimate and sexual/working)</li> <li>What are the characteristics and benefits of positive, strong, supportive equal relationships?</li> <li>How to keep and recognise healthy relationships (including unacceptability of emotional and physical abuse/ violence, including forced marriage and rape). Strategies and support to manage and respond</li> </ul> How do I understand the importance of living together/ civil partnership and marriage (without |   | Prior Knowledge:<br><ul style="list-style-type: none"> <li></li> </ul> Takeaway Learning:<br><ul style="list-style-type: none"> <li></li> </ul>  |  | Prior Knowledge:<br><ul style="list-style-type: none"> <li></li> </ul> Takeaway Learning:<br><ul style="list-style-type: none"> <li></li> </ul>  |

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|  |   |  |  | <p>coercion) in allowing people to demonstrate their commitment to each other.</p> <ul style="list-style-type: none"> <li>• What is the importance of the family to the individual and society? (basic unit of society/love/ support/ socialisation) Political value?</li> <li>• What can some of the problems be within families and what impact might they have on the individuals? How might these be tackled? (domestic abuse)</li> <li>• What are the different kinds of family unit? Is there a "Typical" family?</li> <li>• How do separation/ bereavement and divorce affect individuals within a family?</li> <li>• What organisations are available to help? Where they are and what can they offer? •</li> <li>• What are the positives of strong parenting for the individual and society?</li> <li>• What are the main parenting skills and qualities that can help an individual to develop within a family?</li> <li>• Does everyone plan parenthood? Reasons</li> </ul> <ul style="list-style-type: none"> <li>• Images portrayed by media around young people in general</li> <li>• Statistics for teenage pregnancy UK/MK.</li> <li>• What are the reasons for rise in teenage pregnancy and parenthood?</li> <li>• Are there any specific difficulties around being a teenage parent?</li> <li>• What are the choices around teenage pregnancy and parenthood (including contraception)?</li> <li>• What support advice and help is available?</li> </ul> |   |  |   |  |
|  | <p><b>Personal health, nutrition and Safety</b></p> | <p>What is health and how can factors and life events affect it?</p> <p>How do I maintain best Physical health?</p> <p>What ways can I help myself and others in a Emergency/ First Aid Emergency? Can I manage an incident with minimal risk to myself and others?</p> <p>How can we maintain a healthy school/work/life balance (especially in the face of upcoming exams?)</p> <p>How can we take more responsibility for</p> | <p>Prior Knowledge:</p> <ul style="list-style-type: none"> <li>•</li> </ul> <p>Takeaway Learning:</p> <ul style="list-style-type: none"> <li>• Health is a balanced combination of physical, Intellectual, Emotional and Social and Spiritual factors and each factor impacts upon the others.</li> <li>• Life events- which are predictable or unpredictable can also impact on Health and need to be managed.</li> <li>• Being healthy does not just simply mean an absence of disease or illness</li> <li>• Managing the factors which impact on health is</li> </ul> |  | <p>Prior Knowledge:</p> <ul style="list-style-type: none"> <li>•</li> </ul> <p>Takeaway Learning:</p> | <p>How can we take more responsibility for monitoring our own health and who can help?</p> | <p>Prior Knowledge:</p> <ul style="list-style-type: none"> <li>• Good health examples</li> <li>• Monitoring and vaccination programmes</li> </ul> <p>Takeaway Learning:</p> <ul style="list-style-type: none"> <li>• What steps can we take to improve our own health? (Lifestyle choices)</li> <li>• Screening checks/ tests/ self-monitoring/examination</li> <li>• What is available to support this?</li> <li>• What national support groups exist?</li> <li>• What local support groups are available?</li> <li>• What idea can we share with others?</li> </ul> |  |

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|  |  |  | <p>monitoring our own health and who can help?</p> | <p>not always easy and can be influenced by individual choices (e.g. lifestyle choices such as choice of diet/exercise/smoking/ sleep) relationships (impact of good/poor relationships, family friends, sexual and intimate etc.) and by external factors (stress, environment)</p> <p>Events such as predictable events e.g. going to school, starting work, forming relationships and unpredictable events. (E.g. bereavement, ill health and accident redundancy etc.) are very impactful and require honest and mature consideration and there are a range of sources of help and information which can help individuals navigate these issues.</p> <ul style="list-style-type: none"><li>• What are the good choices I can make around diet and exercise which may benefit my long term health?</li><li>• What issues can these choices help to prevent (e.g. Diabetes/ obesity/ heart health etc.)</li><li>• What about the impact on my physical health Short and long term consequences of choices we make (e.g. use of drugs/substances alcohol)? E.g. Wider impact on future career, (criminal record?), personal safety, relationships, future lifestyle, e.g. Possible impact on foetus (FAS/Addicted</li></ul> |  |  |  |  |
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|  |               |  | <p>babies/<br/>undersized<br/>babies)</p> <ul style="list-style-type: none"> <li>Getting help to make wise choices</li> </ul> <p>County lines/ Knife crime</p> <p><b>Basic First Aid procedures in an emergency</b></p> <ul style="list-style-type: none"> <li>Assessing a case study, communicating with all parties, making an emergency call.</li> <li>assess a situation for dangers to yourself and the casualty, assess the casualty's responses, open their airway and check for breathing, check for breathing and severe bleeding, identify when the recovery position should be used Place an unconscious casualty in the recovery position.</li> <li>If time only- consider faints, asthma, bleeding</li> </ul> <p>Make links to crime <b>here-knife crime and consequences of. Useful teaching point in both first aid and law.</b></p> <ul style="list-style-type: none"> <li>What is Healthy studying... coping with stress/dealing with challenge.</li> <li>Planning ahead to prepare for the upcoming stresses of year 11 exams/ moving schools/careers choices</li> <li>Strategies for quality relaxing</li> <li>Where to obtain support and information</li> </ul> <ul style="list-style-type: none"> <li>What steps can we take to improve our own health? (Lifestyle choices)</li> <li>Screening checks/ tests/ self-monitoring/examination</li> <li>What is available to support this?</li> <li>What national support groups exist?</li> <li>What local support groups are available?</li> <li>What idea can we share with others?</li> </ul> |   |   |   |   |
|  | Sexual Health |  | <p>Prior Knowledge:</p> <p>Takeaway Learning:</p> <p>.</p>   |   | <p>Prior Knowledge:</p> <p>Takeaway Learning:</p>                           |   | <p>Prior Knowledge:</p> <p>Takeaway Learning:</p>   |
|  | Careers       |  | <p>Prior Knowledge:</p>  | <p>How did Work experience go for me?</p> | <p>Prior Knowledge:<br/>A range of careers and qualifications available</p> | <p>Exams and me. How do I study successfully?</p> | <p>Prior Knowledge:<br/>Exam timetable and practice<br/>Exam specifications<br/>Revision techniques</p> |

