




		Year:	10	Subject:	BTEC Sport	LOA - Understand how different components of fitness are used in different physical activities	LOB - Be able to participate in sport and understand the roles and responsibilities of officials	LOC - Demonstrate ways to improve participants sporting techniques
Intent		Subject Concepts (Substantive knowledge)	Component 2 – Taking Part and Improving Other Participants Sporting Performance	A1 – Components of physical fitness	Prior Knowledge:		Prior Knowledge:	C1 - Planning drills and conditioned practices to develop participants’ sporting skills
					•		•	•
					Takeaway Learning: Learners will know the definition of each component of physical fitness and their potential impact on sporting performance.		Takeaway Knowledge: Learners will be able to demonstrate a range of skills and strategies for a selected sport, in both isolated practices and competitive situations.	Takeaway Learning: Learners will know how to work with sports participants to help to improve their sporting skills. They will be able to provide demonstrations of techniques used for different sports skills and provide teaching points to help to develop participants technique to perform the sports skill. They will know how to select and plan for different drills and conditioned practices to develop specific sports skills. Learners will also be able to set up each of the drills and support participants as they take part in the drills and conditioned practices to improve their sporting skills.
					<ul style="list-style-type: none"> • Aerobic Endurance • Muscular endurance • Muscular strength • Speed • Flexibility • Body composition 		<ul style="list-style-type: none"> • Skills, e.g. passing, scoring, travelling, intercepting. • Strategies, e.g. tactics and decision making. • Isolated practice – practices that focus on one skill at a time. • Competitive situation – the number of players, area of play and presence of an official to represent competition standard of play 	<ul style="list-style-type: none"> • Drills that can be used to improve specific techniques in different sports • Conditioned practices – using rule changes to focus on specific skills • Demonstrations of the technique • Teaching points
				A2 Components of skill- related fitness	Prior Knowledge:	B2 Officials in sport	Prior Knowledge:	C2 Drills to improve sporting performance
					•		•	•
					Takeaway Learning: Learners will know the definition of each component of skill- related fitness and understand their potential impact on sporting performance		Takeaway Learning: Learners will know the roles of different officials for a selected sport and understand the key responsibilities associated with each of these roles.	Takeaway Learning: Learners will understand how different drills and adapted games can improve sporting techniques and performance. They will also understand how to use each type of drill and adapted game to develop sporting technique for different types of participant. Learners will also know how to set up each of the drills and be able identify what pieces of equipment are needed for each drill.
					<ul style="list-style-type: none"> • Power • Agility • Reaction time • Balance • Co-ordination 		<ul style="list-style-type: none"> • Key officials and their roles in sports competitions • Responsibilities of the officials 	<ul style="list-style-type: none"> • Organisation and demonstration of drills and conditioned practices to participant • Supporting participants taking part in practical drills and conditioned practices
					• Prior Knowledge:	B3 Rules and regulations in sports	Prior Knowledge:	
					•		•	•
					Takeaway Learning: •		Takeaway Learning: Learners will know the key rules and regulation of a selected sport. They will understand how the rules and regulations are applied, the actions an official may take if these rules are not adhered to and how these actions may vary dependent upon the situation.	Takeaway Learning: •

							<ul style="list-style-type: none"> • Key rules and regulations as stated by the National Governing Body for the Sport • Number of players • Length of periods of play • Scoring system • Playing area • Equipment • Starting and restarting play • Non-adherence to the rules • Application of rules and regulations by officials 					
	Disciplinary Knowledge		•		•			•				
Implementation	Common Misconceptions		•		•			•				
	Enabling or Adapting the Curriculum	SEND Students	•		•			•				
		Disadvantaged Students	•		•			•				
		More Able Students	•		•			•				
	Literacy/Numeracy Skills 	LITERACY	•		•			•				
		Reading:	•		•			•				
		Writing:	•		•			•				
Oracy:		•		•			•					
NUMERACY	•		•			•						
Digital Strategy 		•		•			•					
Home Learning		•		•			•					
Impact	Composite Assessment		Date:		Content:			Date:		Content:		